

DOUBLE OUR REACH



Giving Campaign Begins; Matching Fund Grows to \$75,000

This year's Double Our Reach employee giving campaign begins Wednesday, Oct. 26, with a charity fair from 11 a.m. to 1:00 p.m. in the lobby area of Building 549.

New for this year is an increase in the company matching fund from \$50,000 to \$75,000 and the addition of the Mission of Mercy to the list of organizations to which you can make direct contributions via payroll deduction.

It is difficult to ask people to open their wallets in hard economic times. But these are also times in which the need is so great and the giving so meaningful and potentially life-changing.

At the charity fair, representatives of eight local nonprofit organizations will be available to talk about the work of their organizations and to answer questions. The organizations:

- American Cancer Society
- Chesapeake Bay Foundation
- Frederick Community College
- Frederick Rescue Mission
- Habitat for Humanity of Frederick County
- Heartly House
- Mission of Mercy
- United Way of Frederick County

Information on these organizations is also available from their respective websites.

The goal this year is to increase the number of employees who participate. This number has more than doubled each year since 2008, effectively doubling our reach. But at the same time, fewer than 200 of SAIC-Frederick's nearly 2,000 employees are enrolled.

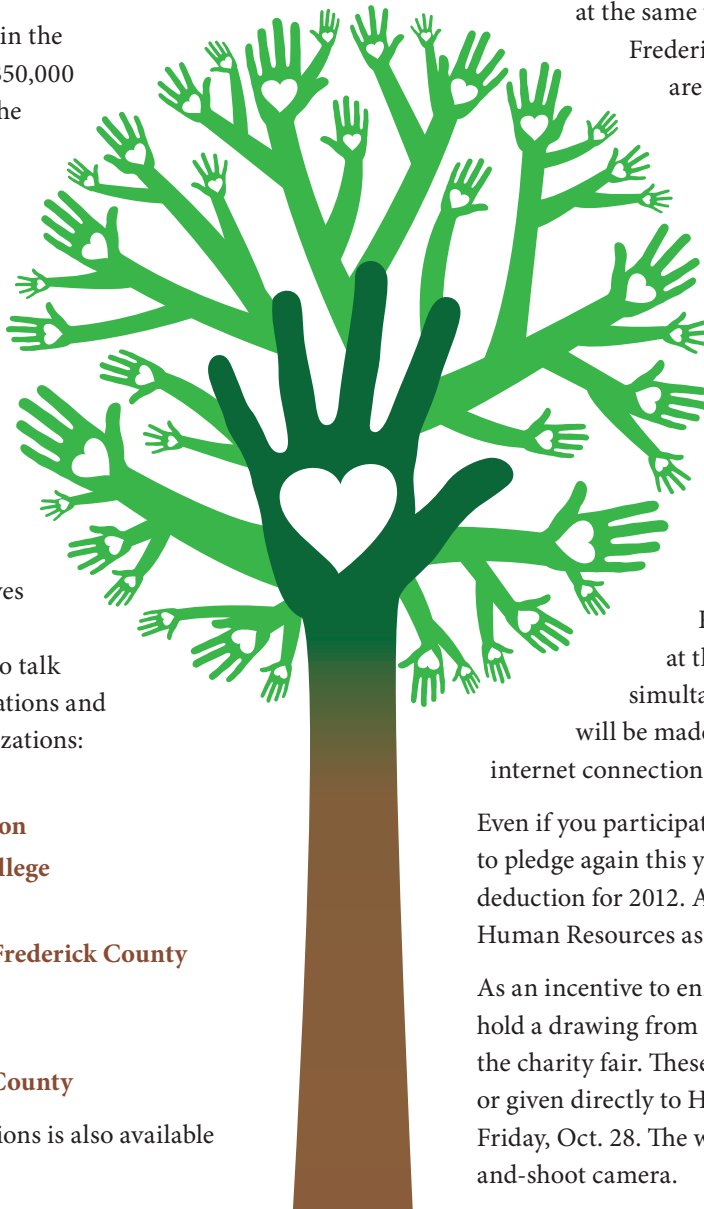
Even the smallest contribution – as little as \$1 per pay period – makes a big difference when multiplied many times over.

Once again, pledges will be matched dollar-for-dollar until the company set-aside has been used up. This year the matching fund has risen to \$75,000 so more of your donations can be leveraged.

Pledge forms will be available at the event and released simultaneously on-line. Paper copies will be made available to those without internet connections.

Even if you participated last year, you will have to pledge again this year to reinstate the payroll deduction for 2012. All forms must be delivered to Human Resources as signed hard copy.

As an incentive to enroll early, SAIC-Frederick will hold a drawing from pledges submitted the week of the charity fair. These can be turned in at the event or given directly to Human Resources by 5 p.m. on Friday, Oct. 28. The winner will receive a digital point-and-shoot camera.



American Cancer Society

Donations to the American Cancer Society support people like David, who faced 100-mile daily round trips from Frederick to Baltimore for the aggressive treatment of stage-three throat cancer diagnosed in April 2010.

Twice-a-day radiation treatments six hours apart, and weekly chemotherapy over seven weeks comprised David's treatment regimen. At first he didn't know how he was going to manage this.

"I was overwhelmed," he said. Then he became familiar with the society's Hope Lodge in Baltimore, one of a network of free temporary lodging facilities sponsored by the society to give cancer patients a place to stay when they have to travel for treatment.



"Hope Lodge is an amazing facility and nicer than many commercial motels. Not only do they have outstanding accommodations, I refer to the volunteers and staff there as my 'angels,'" David said. "They were so very helpful and kind, and I will never forget their smiles whenever we left or returned to the facility. They were a big part of helping save my life."

David is currently cancer-free and credits the support from the American Cancer Society with relieving some of the physical burden so that he could focus on getting well.

The American Cancer Society is the nation's largest nongovernmental funder of cancer research, having invested more than \$3.4 billion in research. In Frederick County, as in communities all over the country, the American Cancer Society supports community-based voluntary health programs in cancer prevention and patient support.

Chesapeake Bay Foundation

The Chesapeake Bay Foundation is working to reverse decades of nitrogen and phosphorus pollution and neglect, leaving areas in such bad shape they have been declared dead zones.

The foundation and its volunteers are restoring native oysters, planting underwater grasses, and planting trees and buffers, all to restore the bay's natural filters. Last year the foundation and its volunteers planted more than 15 million oysters in Maryland. With the help of 500 volunteers, the foundation restored 11,000 feet of stream banks.



The foundation also works to raise awareness of the challenges of restoring the bay and of ways to get involved. Due in large part to the work of the foundation and partner organizations, Maryland has become the first state in the country to require environmental literacy of its graduating seniors.

The bay is the nation's largest estuary and a centerpiece of the cultural, recreational, and financial life of the watershed, which is home to 17 million people in six states – Delaware, Maryland, Pennsylvania, New York, Virginia, West Virginia, and the District of Columbia.

The Chesapeake Bay Foundation is dedicated to restoring the bay to health. Over the past four decades, the foundation has passionately pursued this goal through education, advocacy, and restoration efforts in programs across the watershed, many of them conducted with a corps of dedicated volunteers.

Frederick Community College

If eight SAIC-Frederick employees gave the minimum donation of 50 cents a week through the Double Our Reach program and signed up early enough to get the company match, this could cover the cost of a three-credit class for a student in need of financial aid.

Donations to the community college through the company giving program go into a general scholarship fund that benefits students who need support to continue their education.



Even small donations to the college can make a difference. If three SAIC-Frederick employees gave the minimum 50 cents a week, a nursing student could buy basic supplies for a course, a stethoscope, penlight, and scissors. Larger donations could make an even greater difference.

Frederick Community College enrolls more than just graduating high school seniors. The college also offers courses for adults seeking career changes, workers pursuing professional development and certification, and others who are lifelong learners. FCC has more than 80,000 alumni, many of whom live and work in Frederick County.

The campus also offers the community art shows, free concerts, stage productions, and other cultural events throughout the year.

Frederick Rescue Mission

Every day, more than 300 homeless and low-income men, women, and children get the food they need from the Frederick Rescue Mission. Through its Bread of Life Community Kitchen and food box program, the mission helps thousands of people each year have the means to feed themselves and their families.

When you donate \$1 per pay period, 16 hungry men, women, and children will have



FREDERICK RESCUE MISSION

enough to eat for 20 days through the mission's food box program. More than 50 people will be fed a warm, nutritious meal.

The mission offers many services to those in need. These include residential accommodations for more than 40 homeless men who enroll in the Changed Life Recovery Program, a Christian-based, yearlong residential program of recovery from addiction and a renewal of healthy, productive living. A minimum donation to Double Our Reach will provide 2.5 days of complete care for a man participating in the program.

"This proven program provides an innovative and comprehensive approach to recovery through intensive counseling, academic enhancement, individual therapy, and service to our community," said Tommy Skaggs, director of development for the mission.

The mission also operates a chapel with Friday night services; a learning center with private tutoring, computer training, and support for residents taking classes at Frederick Community College; and a recycling service that accepts donations that are then made available to those in need.

Hundreds of people in need each month also receive free clothing, furniture, and showers to help them get back on their feet.

Habitat for Humanity of Frederick County

A minimum contribution to Double Our Reach could cover the cost of a six-panel, pre-hung interior door for a new home being built in Frederick County by Habitat for Humanity.

The organization depends on volunteers and donations to support its Christian housing ministry, inviting people of all backgrounds, races, and religions to build houses together in partnership.

Habitat for Humanity of Frederick County has built dozens of homes locally for people who otherwise might not have had a place to live.



Heartly House

Heartly House serves Frederick County residents who have been affected by domestic violence, sexual assault, and child abuse. Heartly House has been providing comprehensive services for more than 30 years.

Heartly House services include: a 24-hour hotline, emergency shelter, individual and group counseling, victim advocate services and legal representation, medical advocacy services for victims of sexual assault, abuser intervention groups, transitional housing, and community outreach and professional education.



A minimum Double Our Reach donation, matched by the company, would cover the cost of two hours of service for the organization's 24-hour hotline, or one complete counseling session for an individual who is coping with the aftermath of violence and abuse.

Mission of Mercy

Arthur Spinks takes nine prescription drugs daily to manage diabetes and high blood pressure. His wife, a breast cancer survivor, needs additional medications, bringing their monthly pharmacy bill to nearly \$1,000. Retired social security recipients, the couple couldn't make ends meet, even with Medicare's ACDC coverage.

The Spinkses turned to the Mission of Mercy as a last resort to get the care they needed. Their story is not unusual. Many pharmacies participate in the \$4 generic drug program, but many patients require brand-name drugs with high co-pays.



The Mission of Mercy offers a wide variety of medical and dental services for acute and chronic illnesses. The organization also offers diagnostic studies and procedures at sites around Frederick County and in conjunction with area hospitals and clinics. Medications are provided free of charge to the poor, homeless, uninsured, and underinsured working poor.

The Mission of Mercy operates mobile medical clinics in Maryland, Pennsylvania and Arizona. Since 1994, the mission has served more than 66,800 patients in nearly 244,500 patient visits to its medical and dental clinics. Mission volunteer dentists have performed more than 49,300 dental procedures. Patients have received more than 451,800 free prescription drugs. The Mission of Mercy is motivated by God's love, expressed in compassion for those in need.

United Way of Frederick County

Through the United Way of Frederick County you can reach almost any nonprofit organization by making a specific designation attached to your pledge.

The United Way maintains a list of partner organizations that are carefully screened to ensure high standards and the efficient use of donated funds. The organization also provides a gateway to other nonprofit organizations inside and outside of Frederick County.

Partner organizations focus on long-term impact in health, education and financial stability. All undesignated contributions are directed to this group of local organizations.



If you know of a specific organization outside this network, simply designate that organization as the recipient of your contribution by giving the name and address of the organization to which the donation should go. Any contribution to the United Way qualifies for the SAIC-Frederick company match if funds are available.

United Way strongly believes that Education, Income and Health are the building blocks for a good quality of life for all of our neighbors in Frederick County. Ten dollars per week provides enough backpacks and school supplies for 20 children to start school ready to learn. Five dollars a week provides a low-income person with financial education, free income tax preparation, and savings programs that can help him on the path to financial stability. For \$20 a week, 125 low-income middle school students can get healthy snacks in their after-school mentoring programs.

Double Our Reach Committee Members

Beth Baseler	Bob Fisher
Theresa Bell	John Gilly
Frank Blanchard	Halee Helmer
Beth Buckheit	Bill Kopp
Tammy Eyler	Ken Michaels

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Frederick

A minimum contribution of 50¢ a week (\$1 per pay period, \$26 a year) matched by SAIC-Frederick (for a total of \$52 a year) will cover the cost of:

- A year's worth of medications for a diabetic patient through Mission of Mercy
- Part of the American Cancer Society's Road to Recovery program, which provided nearly 600 rides to 39 local cancer patients in need of transportation to receive chemotherapy and other treatment
- 10 native trees as a streamside buffer to reduce runoff into waterways and into the Chesapeake Bay
- Emergency food for four hungry families via Frederick Rescue Mission
- Two and one-half days of complete care for a man participating in the Frederick Rescue Mission's Change Life Recovery Program
- Five, five-pound boxes of 12D nails for Habitat for Humanity of Frederick County
- One, six-panel pre-hung interior door for Habitat for Humanity of Frederick County
- 10,000 native Chesapeake Bay oysters to help restore the population of this natural filter
- Registration fees for two students at Frederick Community College
- One book for a humanities class at Frederick Community College
- One counseling session from Heartly House to help survivors heal from violence and abuse
- Two hours of service from Heartly House's 24-hour hotline
- Twelve students taking the general educational development exam via the United Way of Frederick County



Chesapeake Bay Foundation



Frederick Rescue Mission