



NIH and NOAA Recreation and Welfare Association: Club Frederick



1st Annual Members Meeting
January 17, 2013



Club Frederick

Agenda

- NIH & NOAA Recreation and Welfare
- R&W Club Frederick
- Member Benefits
- 2012 Events
- 2013 Events
- Suggestions



NIH & NOAA Recreation and Welfare Association

- Established as the Recreation and Welfare Association of the National Institutes of Health (NIH) in the 1950s
- Open to all employees of the NIH and patients in the NIH Clinical Center. Now open to members of the Ft. Detrick community and National Oceanic and Atmospheric Administration (NOAA)
- 501(c)(4) Organization
- Supports such charities as the Children's Inn at NIH and Special Love



Club Frederick

NIH&NOAA R&W Clubs

<http://www.recgov.org/r&w/clubs.html>

- Akido Club
- Badminton Club
- Bethesda Little Theatre
- Bicycle Commuter Club
- Camera Club
- Chamber Music Club
- Chamber Singers
- Qi-Gong Club
- Chinese Martial Arts Club
- Country Line Dancing Club
- Fencing Club
- Gay & Lesbian Employees Forum
- Golf Association
- Golf League
- Health's Angels Running Club
- Hiking Club
- International Women's Group
- Judo Club
- Kenjutsu Club
- Madrigal Singers
- The NIH Community Orchestra
- The NIH Philharmonic Orchestra



NIH&NOAA R&W Clubs (continued)

- Sailing Association
- Ski Club
- Softball Baltimore GRC
- Softball Co-Rec League



Club Frederick

R&W Club Frederick

- Interest in establishing Club Frederick was initiated by Amy Huter-Imming & Howard Young once the Employee Recreation Council (ERC) was disbanded
- Open to all Detrick employees, except active military
- Not government or contract subsidized, expenses are funded by dues and fund raising events. **Volunteers** are the essential part of the organization. Without them there would be no Club Frederick.



Club Frederick

R&W Club Frederick

- Advisory Committee
- Elected Officials and Terms
- Articles of Incorporation
- Bank Account
- R&W Oversight
- Other R&W Clubs & need for representatives



Club Frederick

Advisory Board Members

- **Roxanne Angell - Chair, Event Planning, Books R Fun, Jewelry is Fun & Charity Liaison**
- **Melissa Porter – Chair, NCI Wellness Committee**
- **Tanya Ransom – Secretary, Donation Coordinator**
- **Susie Culler - Treasurer and Event Planner**
- Sabrina Arif - Werner H. Kirsten Student Intern Liaison
- Leslie Garvey - ATRF Liaison
- Roberta Harner - Ticket Sales Distribution
- Amy Huter-Imming - Travel, Christmas Committee
- **Carolynne Keenan -Dining Out Fundraisers, Weekly News Updates, Website Updates**
- **Christine Pacula-Cox - Event Planning**
- Ricki Putman - Christmas Committee, Fudgie Wudgie Contact
- Kandy Rahochik - Christmas Committee, Event Planning, OHS Liaison
- Margaret Slaughter – OHS and Wellness Liaison
- Rebecca Soto - Membership Committee, Weinberg Center & Way Off Broadway Events
- Gaye Lynn Wilson - R&W Bethesda Meeting Liaison
- **Howard Young – Founder, FNLCR and Fort Detrick Liaison, R&W Bethesda Liaison**
 - Members in **red** NCI Wellness Committee Members



2012 Events



- Christmas Around the World Kids Party
- Costco Sponsored R&W Club Frederick Membership Drives
- Discounted Café Discovery Breakfast
- Employee Halloween Costume Contest
- Footloose Musical at Way Off Broadway Dinner Theatre
- Frederick National Lab T-Shirt and Baseball Cap Design Contest
- Free Year-End Continental Breakfast



Club Frederick

2012 Events cont.



- New York City bus trip with the Maryland Mystics
- Regal Cinema Unrestricted Movie Passes Holiday Sale
- Spring Research Festival
- Stomp Festival at Sugarloaf Mountain Vineyard
- The Kitchen Studio: Spanish Tapas and Paella Feast
- Yoga Hike and Meditation



Club Frederick

Canceled Events

- Family Halloween Party at Nalin Pond
- Hollywood Casinos in Charlestown, West Va.
- Ice Skating at Skate Frederick
- Rock N Bowl in Hagerstown, MD
- Super Bowl Tailgate and Comfort Food Cooking Class





Club Frederick

2012 Events

- Fundraisers

- Books R Fun \$356.00
- Jewelry is Fun - Pending
- Fudgie Wudgie - \$579.60
- Pizza Hut – \$128.81
- Glory Days - Pending



- Charities

- Special Love: Camp Fantastic - \$178.00
- Kohl's Cares for Kids - \$360.00





Club Frederick

Member Discounts

- Ananda Shala Yoga and Pilates
- Catoctin Zoo
- D'Accord Boutique
- Gallery in the Woods
- Spirited Painting
- Stanley J. Robinson, DDS, MS, PA
- Sweet Memories
- Washington Sports Center



Club Frederick

Thanks to our Business Sponsors

- **Angell Photography:** Free Christmas Around the World Portraits and Prints
 - <http://www.angellphotography.com/>
 - Frederick, MD 21704
 - (240)674-5875

- **Charelle's Costume Shop:** Free Santa Suit rental for Christmas Around the World
 - <http://www.frederickcostumeshop.com/>
 - 5801 Buckeystown Pike, Suite B Frederick, MD 21704
 - (301)695-7279



Club Frederick

Planned 2013 Events

- Membership Meeting
- Great Wolf Lodge, Williamsburg – **Sold out**
- “1964: The Tribute” at the Weinburg Center – **Sold out**
- Belize Reef and Rainforest Trip – **Sold out**
- Weight Watchers at NCI, Frederick
15 participant minimum – 27 signed up



Club Frederick

2013-2014 Event Ideas



- Bus Trip to New York City
- Children's Easter Party
- Covered Dish Luncheon at the ATRF – On Hold
- Cruise out of Baltimore to Canada
- Disney on Ice
- Dutch Apple Dinner Theatre in Lancaster, PA
- Frederick Keys Ticket Sales
- Horseback Riding Tour of Gettysburg
- Medieval Times Dinner and Tournament
- National Parks Tour with Collette Vacations
- Paintball
- Segway Tour of DC
- Dinner Cruise out of Baltimore or Annapolis
- Weinberg Center Events
- Way Off Broadway Events





Club Frederick

Today

- **JOIN** - Membership renewal – renew today at \$7.00 - rates go up to \$9.00 per calendar year beginning February 1st.
- **BUY** - Regal Cinema Ticket Sales – 45 tickets available today. Limit 5 per person.
- **BROWSE** – Flyers for upcoming events.
- **BRAINSTORM** – Jot down one idea for each index card you have and drop them in the bin on the way out.
- **Volunteer** to help us make events a reality.



Club Frederick

Contact Us

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