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Title: National Institutes of Health Consensus Development Project on  
Criteria for Clinical Trials in Chronic Graft-versus-Host Disease:  
III. The 2020 Treatment of Chronic GVHD Report

Short Title: NIH Consensus: Treatment of Chronic GVHD

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## Abstract

**Keywords:** Chronic graft-versus-host disease, allogeneic hematopoietic cell transplantation

32 **Introduction**

33 Chronic graft-versus-host disease (GVHD) is the leading cause of late morbidity and non-relapse  
34 mortality after allogeneic hematopoietic cell transplantation (HCT). Treatment of chronic GVHD  
35 is often ineffective, with frequent incomplete responses and recurrences.<sup>1, 2</sup> Since the previous  
36 National Institutes for Health (NIH) Consensus Conference in 2014,<sup>3</sup> significant advances have  
37 expanded treatment options. The focus of chronic GVHD therapeutics has shifted from broad  
38 immunosuppression towards immunomodulatory agents that target pathways relevant to the  
39 pathophysiology of the disease.<sup>4, 5</sup> Through industry collaboration, large, multicenter phase II and  
40 phase III clinical trials have now investigated multiple oral agents, including ibrutinib  
41 (NCT02195869, NCT02959944), ruxolitinib (NCT03112603), itacitinib (NCT03584516), and  
42 belumosudil (KD025) (NCT03640481) in the treatment of upfront or steroid-refractory chronic  
43 GVHD. Based on results of a phase II clinical trial, the US Food and Drug Administration (FDA)  
44 approved ibrutinib for treatment of chronic GVHD after failure of one or more lines of systemic  
45 therapy.<sup>6, 7</sup> Additional drug approvals from the FDA in the treatment of chronic GVHD may be  
46 forthcoming, once results of ongoing studies become available.

47

48 These recent advances have not yet clearly indicated that outcomes of treatment for chronic GVHD  
49 have improved. The general approach to initial systemic therapy remains unchanged, as  
50 corticosteroids continue to be the standard.<sup>8</sup> Treatment with systemic corticosteroids has variable  
51 clinical effectiveness and can cause significant short and long-term side effects that can be as  
52 challenging as chronic GVHD itself. Furthermore, given the heterogeneity of clinical  
53 manifestations and treatment history, clinical data to guide the choice of therapy are lacking.  
54 Although novel agents have expanded treatment options,<sup>9</sup> the chronicity of the disease and its often

55 irreversible fibrotic progression remain challenging, and many patients receive multiple lines of  
56 empirically selected treatments with marginal efficacy.

57  
58 New insights into the associations between clinical variables of chronic GVHD, pathophysiologic  
59 mechanisms of disease and the clinical and biologic effects of novel therapeutic agents, are  
60 required to overcome current barriers and allow for a more biological and individualized approach  
61 to the disease.

62  
63 **Purpose of this Document**

64 The current report is focused primarily on setting research priorities and direction in the treatment  
65 of chronic GVHD. Future trials should be designed in a way that maximizes an understanding of  
66 both the biological and clinical effects of novel therapies. These studies should take into  
67 consideration important factors that might influence these effects, such as subject eligibility  
68 criteria, clinical trial endpoints, and safety considerations in two different clinical scenarios.  
69 Clinical trials for initial systemic treatment of chronic GVHD should be designed to determine the  
70 feasibility of minimizing or eliminating the need for concurrent corticosteroid treatment. Clinical  
71 trials for treatment-refractory disease should focus attention on situations where responses tend to  
72 be incomplete or suboptimal. Trials in both scenarios should integrate biological correlative  
73 testing. This document is not meant to be prescriptive, as it is neither a review nor a treatment  
74 guideline. Rather, we provide guidance to the overall approach of clinical trial development for  
75 treatment of chronic GVHD.

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78 **Summary of Recommendations**

- 79 1. Detailed correlative scientific studies should be conducted in the context of clinical trials to  
80 evaluate associations between clinical outcomes and the biological impact of systemic  
81 therapeutics. All trials should collect samples that can be preserved for future analysis.
- 82 2. Broad panels of biological correlative studies should be evaluated initially in a small number  
83 of patients to inform the selection of a narrower panel of informative correlative measures to  
84 test in subsequent studies.
- 85 3. Biopsies of involved tissue should be obtained before starting treatment to enable evaluation  
86 of disease involvement, response to therapy, and correlation with blood biomarkers.
- 87 4. Advanced collaboration between academic medical centers, medical societies, and industry is  
88 required to support a biology-based strategic approach.
- 89 5. Clinical trials for initial systemic therapy should investigate novel agents in designs that  
90 minimize or eliminate concurrent corticosteroid administration. These trials should be  
91 conducted at experienced academic medical centers with infrastructure to support biological  
92 sample processing and analysis.
- 93 6. For patients with treatment-refractory chronic GVHD, trials targeting specific disease  
94 manifestations such as fibrosis and bronchiolitis obliterans may allow a more informative  
95 assessment of clinical and biological results than would otherwise be possible.
- 96 7. Future clinical trials should aim toward development of algorithms for a personalized approach  
97 to treatment based on the clinical phenotype and biological profile of each patient.
- 98 8. Randomized clinical trials should be conducted for agents which demonstrate disease activity  
99 in large single arm studies.

100 9. Master protocols should be explored to enable rapid clinical screening of new treatments in  
101 early-phase studies.

102

### 103 **Methods**

104 Each working group was organized to encourage global engagement in the topic (see introduction  
105 to the series). Four groups worked individually beginning in February 2020 to review the relevant  
106 literature and prepare the initial draft of the manuscript. The Steering Committee reviewed and  
107 discussed the initial draft and offered recommendations for revisions. Two iterative rounds of  
108 comments and revisions were collected before the November 2020 Consensus Conference. The  
109 manuscript was further revised for submission after additional suggestions from external  
110 reviewers, virtual Conference participants, and a 30-day public comment period.

111

### 112 **Biological Considerations**

#### 113 *Biological Implications*

114 Although biomarkers could be useful in predicting chronic GVHD onset, severity, or response to  
115 therapy, such data do not necessarily provide insight into pathogenesis or reasons for response or  
116 lack of response after therapeutic interventions. The availability of biological specimens obtained  
117 before and after a study intervention in clinical trials would make it possible to draw  
118 pathophysiologic inferences from correlative changes in laboratory measures and clinical  
119 outcomes. Results of these studies could ultimately inform the development of personalized  
120 approaches in the management of chronic GVHD.

121

122 Extensive pre-clinical small animal and human ex vivo investigations have implicated certain  
123 biological pathways in the pathophysiology of chronic GVHD and helped identify therapeutic  
124 agents that may have clinical activity.<sup>5</sup> However, the impact of disease course and treatment on  
125 these pathways in patients with chronic GVHD are poorly understood. Thus, the association  
126 between chronic GVHD disease manifestations, such as individual organ involvement or overall  
127 disease phenotype, and biological markers of pathophysiology are not well understood and should  
128 to be elucidated in future studies. Furthermore, the biological impact of therapeutic agents and the  
129 association between biological and clinical effect is not well characterized. Preliminary  
130 investigation into the biological activity of novel agents has focused on the proposed mechanism  
131 of action. How these agents modulate other pathogenic signaling pathways in chronic GVHD is  
132 not known. Cause-and-effect testing of drug, protein/antibody, or cellular therapies can be  
133 interrogated in preclinical models chosen to best reflect clinical phenotypes and biological data.

134

135 As we better understand this clinical-biological correlation, the approach to chronic GVHD  
136 treatment could significantly change. The association of biological markers with disease  
137 manifestations could lead to algorithms that refine risk stratification, with vast implications for  
138 treatment-related outcomes and clinical trial design. Moreover, select biomarkers or panels of  
139 biomarkers could guide selection of specific therapeutic agents and be used to monitor responses  
140 with treatment.<sup>10</sup> For all these reasons, future studies should expand the assessment of biological  
141 correlatives in the context of clinical trial designs in order to close these knowledge gaps and  
142 redefine the paradigms of chronic GVHD treatment into a more personalized approach (**Figure 1**).

143

144

145 *Evaluation of Biological Markers*

146 Preclinical studies have identified numerous pathophysiological pathways in chronic GVHD.  
147 Phenotypic patterns of chronic GVHD may be classified into distinct groups based on clinical and  
148 organ system manifestations by machine learning techniques that will continue to evolve.<sup>11</sup>  
149 Correlation of biological markers with such phenotypic groups could enable better risk  
150 stratification and identify pathogenic mechanisms with implications for treatment.<sup>12</sup> With  
151 accumulated data from multiple trials over time, it may be possible to identify more precise  
152 therapeutic targeting of particular cells, pathways or tissues for a given phenotypic group. Equally  
153 important, paired analysis of biomarker changes between baseline and subsequent time points after  
154 starting treatment with a specific agent would be highly informative in documenting expected on-  
155 target and unexpected off-target pharmacodynamic effects.<sup>13</sup>

156

157 The data needed for such an approach can be divided into tests that are readily available at many  
158 sites and are not cost prohibitive (Tier 1) and others that require special equipment, sophisticated  
159 analytics, or complex sample processing or incur high cost (Tier 2). Biospecimens can include  
160 peripheral blood cells and aspirated marrow, bone marrow and tissue biopsies, and serum and  
161 plasma. Correlative studies testing a single agent for initial treatment are likely to be more  
162 informative than studies of treatment-refractory disease, which may be confounded by prior  
163 disease and treatment effects. By collecting samples before, during and after therapy, the feasibility  
164 and utility of an assay can be judged in a pilot study, leading to definition of a more focused panel  
165 of testing to pursue in follow-up studies.

166

167



168 *Tier 1 studies*

169 As upfront monotherapy drug trials would likely target different pathways, cell types and function,  
170 and tissue injury, tier 1 (and tier 2) studies should be designed to ensure that any targeted analyses  
171 are added to a widely adopted panel of baseline laboratory measures that would enable meaningful  
172 comparisons between studies. This baseline panel of laboratory measures should be adjusted as  
173 relationships with clinical phenotype and outcomes are clarified by emerging information.

174

175 Since chronic GVHD requires a cellular response, flow cytometry of peripheral blood cells could  
176 help identify cell types that may be pathogenic, regulatory, anergic or tolerant and which are  
177 associated with a distinct chronic GVHD phenotype. Multi-parameter flow cytometry should  
178 consider focusing on immunological parameters that could affect chronic GVHD pathogenesis and  
179 therapeutic targets, including T cell differentiation (i.e., Tnaive, central memory, effector memory,  
180 memory stem, regulatory T cells, Tfollicular helper cells) and function (i.e., subsets that produce  
181 inflammatory or anti-inflammatory cytokines), the capacity for cytotoxicity or regulation via well-  
182 defined pathways, or markers of anergy. Expression of chemokine, adhesion, homing and  
183 inhibitory receptors, costimulatory ligands, and cytokine receptors could provide functional  
184 insights. Certain NK cell subsets can produce proinflammatory cytokines or contribute to tissue  
185 destruction by cytotoxicity, while others have regulatory functions. Therefore, collecting NK cell data  
186 could add to our understanding of the immune system alterations in chronic GVHD.

187

188 B cell developmental and maturation stages (i.e., bone marrow pro-B, large and small pre-B and  
189 immature B cell subsets, peripheral blood transitional, naïve, memory and germinal center B cells),  
190 and functions (i.e., production of auto- and alloantibodies, anti-inflammatory cytokines, activation

191 to support T cell responses, induction of anergy, and regulatory characteristics) could aid in  
192 understanding the extent of chronic GVHD pathogenesis and identify therapeutic targets to correct  
193 abnormalities. Short-lived plasmablasts and plasma cells and long-lived plasma cells could  
194 antibody that contributes to pathogenesis. Circulating dendritic cells and inflammatory or anti-  
195 inflammatory monocytes or macrophage lineages could be enumerated and correlated with tissue  
196 infiltrates and fibrosis.

197

198 Histopathological and immunohistochemical studies of research tissue biopsies could reveal the  
199 involved organ, location within the organ/tissue and function (cytokine production; cytolytic and  
200 antigen presentation capacity, regulatory properties) of infiltrating cells and types of injury  
201 (inflammatory; fibrotic) associated with a given clinical phenotype and laboratory measures.  
202 Serum and plasma could be analyzed for cytokines and specific chemokines that recruit pathogenic  
203 or regulatory cells into tissues. Autoimmune antibody screens can be performed using commercial  
204 Luminex or ELISA kits to help clarify the role of B cell activation across different phenotypic  
205 groups. Expression of inhibitory, costimulatory, and regulatory antigens recipient tissue cells  
206 would complete the picture.

207

#### 208 *Tier 2 Studies*

209 These assays require storage of biospecimens in a way that does not alter analyte measurement in  
210 future assays. The Working Group recommends suitable cryopreservation of serum, plasma, cells  
211 and archival of tissue biopsy materials for future testing. Cells should be preserved in RNAlater  
212 or similar buffers. Multi-parameter CyTOF with heavy metals would allow assessment of  
213 intracellular signaling and transcription factor expression coupled with cell surface antigen

214 expression. Applicable high throughput, sophisticated technologies include single cell RNA-seq,  
215 CITE-seq, which measures both cell surface proteins and RNA-seq, and single cell RNA-seq with  
216 ATAC-seq, which assesses chromatin accessibility. Serum and plasma can be assessed by mass  
217 spectrometry to identify proteins or metabolites whose concentrations are altered during chronic  
218 GVHD. Tissues may be processed using multiplexed immunofluorescence to define spatial  
219 relationships between subsets of infiltrating donor-derived cells, recipient cells of various types  
220 and the extracellular matrix. For example, CODEX technology currently permits analysis of 40+  
221 protein markers.

222

### 223 *Sample collection and analysis*

224 Sample collection can be envisioned at the time of chronic GVHD diagnosis, at a time that would  
225 be informative in assessing immediate drug effects, and then later to assess correlations with  
226 clinical response. Not all Tier 1 studies need be performed in the same institution or in real-time,  
227 but in the long run, such information could add substantially to our understanding of disease  
228 pathogenesis. Material storage in a biorepository facilitating a communal effort to perform  
229 individual assays in standardized fashion by experts in such testing would enable quality control  
230 assessment, avoid the need for real-time assays, reduce costs, minimize sample to sample  
231 variations if run in batches for a given patient, and ensure that the appropriate level of expertise is  
232 available for implementation and interpretation (see also below for sample collection and  
233 processing). A strong infrastructure at each site is needed with procedures for acquisition of cells  
234 in large enough numbers, plasma/serum and tissues, sample processing, storage, together with a  
235 governance process to distribute centrally stored samples and clinical data. As data are collected,  
236 some tests will prove more valuable than others, and the number of tests could be reduced,

237 retaining those that are most informative for understanding GVHD pathogenesis and the effects of  
238 specific interventions, in concert with the presence or absence of clinical response in each  
239 phenotype of the disease.

240

#### 241 *Call to action*

242 This committee sends a call to action to require biological sampling in order to speed progress in  
243 developing new chronic GVHD therapies based on pathogenesis and biological and clinical  
244 responses. We call for the FDA/EMA, corporate partners, and patient advocates to require  
245 biological sampling and analysis. We call upon granting agencies to consider adequate financial  
246 support for such studies as fundamentally important to the field and to patient wellbeing.

247

#### 248 **Initial Therapy**

249 The goals of treatment for chronic GVHD are numerous: to reduce symptom burden, control  
250 objective manifestations and prevent the progression of disease activity, preserve function by  
251 preventing irreversible damage and the resulting impairment and disability, and ideally to improve  
252 survival and allow or accelerate the development of operational tolerance that would allow  
253 withdrawal of all systemic treatment. In addition, these benefits must be sustained until systemic  
254 treatment is no longer needed, and the treatment must provide high therapeutic index in which  
255 benefits outweigh side effects.

256

257 Clinical studies should be designed to mirror clinical practice to the extent possible, to facilitate  
258 accrual of the more common clinical scenarios, and to test the biological and clinical effects of the  
259 study drug in the absence of confounding by other concurrent treatment. Up until now, nearly all

260 clinical trials of initial treatment for chronic GVHD have tested a study drug given in conjunction  
261 with corticosteroids. The biological effects of systemic corticosteroids in chronic GVHD are not  
262 well understood and their use blunts the ability to assess the true impact of the study intervention  
263 on pathophysiological signaling pathways and other potential mechanisms. Initial systemic  
264 monotherapy of chronic GVHD is an optimal setting to investigate the clinical and biological  
265 impact of an individual therapeutic agent.

266

267 A key question is whether new therapeutic agents may be tested for initial treatment of moderate  
268 or severe chronic GVHD in the absence of concurrent treatment with high-dose corticosteroids or  
269 whether trials for this indication should use add-on designs that include corticosteroids at  
270 prednisone-equivalent doses of 0.5 to 1.0 mg/kg/day. Studies testing new agents in the absence of  
271 concurrent corticosteroid treatment offer several advantages (**Figure 2**). In this “corticosteroid-  
272 free” approach, participants would initially receive systemic monotherapy with an investigational  
273 agent, and corticosteroid treatment would begin only if clinical manifestations of chronic GVHD  
274 worsen at any time or do not improve within an appropriate prespecified time after starting  
275 treatment. Multiple considerations support this novel approach. First, chronic GVHD has an  
276 insidious onset in most patients and does not typically require urgent intervention. Second,  
277 corticosteroid treatment causes considerable toxicity, and its omission or significant reduction  
278 could be beneficial even if the onset of improvement is delayed. Third, concurrent corticosteroid  
279 treatment masks the treatment effect of the interventional agent, since clinical manifestations  
280 improve initially in most patients after starting corticosteroid treatment. Finally, corticosteroid  
281 treatment can alter biomarkers used to measure biological effects of the study intervention. Other  
282 approaches to concurrent corticosteroid therapy could lower starting doses (i.e., 0.25 mg/kg daily,

283 rather than 0.5-1 mg/kg daily) and shorter duration of exposure (i.e., taper off within 1-3 months  
284 after starting treatment).

285

### 286 Eligibility Criteria

287 Inclusion criteria should articulate the characteristics of patients deemed to require systemic  
288 treatment. Moderate or severe chronic GVHD by NIH criteria is a clear indication for systemic  
289 treatment. In addition, mild chronic GVHD by NIH criteria can be an indication for systemic  
290 treatment if prespecified high risk features such as progressive onset or low platelet count, among  
291 others, are present. Enrollment of patients with a broad spectrum of chronic GVHD manifestations  
292 will facilitate efforts to identify relationships between specific organ manifestations, clinical  
293 phenotypes and laboratory correlates. Administration of medications used to prevent or treat acute  
294 GVHD should be continued for monotherapy trials, but treatment regimens must have been stable  
295 for at least 2 weeks before beginning any study treatment. Finally, special considerations should  
296 be made for children, since the characteristics of immune reconstitution and chronic GVHD  
297 evolution in children differ from those in adults.<sup>14</sup>

298

### 299 Clinical Endpoints

300 The primary endpoints in phase I studies of “corticosteroid-free” initial monotherapy for chronic  
301 GVHD should be safety and feasibility. A clinical trial design that investigates multiple dose levels  
302 will help identify the ideal dose for subsequent trials, based on clinical effect, biological impact,  
303 and safety profile. Safety considerations include defined stopping rules for both futility and  
304 unacceptable toxicity. The primary feasibility endpoint would assess the proportion of patients  
305 who remain corticosteroid naïve at a specified time point, such as 4 to 8 weeks after initiation of

306 treatment. Participants must be given corticosteroids or other effective treatment at the onset of  
307 any definitive evidence of disease progression by any measure, even if the change does not increase  
308 overall disease severity by NIH grading criteria. Likewise, corticosteroids or other effective  
309 treatment must be started if no improvement is observed within a prespecified time after starting  
310 treatment with the investigational agent. The onset of corticosteroid treatment must be  
311 documented, including the clinical indications, dosing, and duration.

312

313 Primary efficacy endpoints in Phase IIa studies are acceptable, particularly for interventions with  
314 an established safety profile in patients with chronic GVHD. Efficacy endpoints that incorporate  
315 organ specific and overall NIH Consensus Response Criteria<sup>15</sup> at reasonable time points are  
316 preferred. Secondary clinical endpoints can incorporate details of response (such as time to  
317 response, durability, organ-specific response), patient-reported outcomes, and survival endpoints.  
318 Time to expected response, based on chronic GVHD manifestations, is important to consider.  
319 Cutaneous erythema, oral manifestations, transaminase elevation and diarrhea would be expected  
320 to improve within weeks after starting effective treatment, whereas measurable improvement of  
321 cutaneous sclerosis, fasciitis and joint disease would take much longer, and manifestations of  
322 damage such as oral and ocular sicca, bronchiolitis and vitiligo would not be expected to improve,  
323 although progression could be halted by effective treatment. Previous studies have shown that the  
324 median time interval from onset of systemic treatment to permanent withdrawal of all systemic  
325 treatment in patients with chronic GVHD exceeds 2 years. Initial responses measured by NIH  
326 criteria at 3 or 6 months after starting treatment offer little confidence that they will endure until  
327 treatment can be withdrawn. For this reason, phase II studies should follow participants for long-  
328 term outcomes (i.e., at least a year) to ensure that responses are truly durable.<sup>16</sup>

329

330 Safety Considerations

331 Initial therapy of chronic GVHD without concurrent corticosteroid treatment differs from the long-  
332 established standard of using corticosteroids for initial treatment in all patients. For this reason,  
333 providers may hesitate to offer monotherapy trials with investigational agents for certain patients,  
334 especially if clinical manifestations of chronic GVHD show rapid evolution from poorly controlled  
335 acute GVHD. Such patients may be enrolled in these trials, knowing that corticosteroid treatment  
336 can be started at any time at the discretion of the provider. A similar approach has already been  
337 used in testing sirolimus for treatment of acute GVHD,<sup>17</sup> and monotherapy trials testing itacitinib  
338 for acute GVHD (NCT03721965) and ibrutinib for chronic GVHD (NCT04294641) are in  
339 progress. For optimal protection of participant safety, protocols should require expedited reporting  
340 of corticosteroid treatment so that stopping rules can be implemented promptly according to  
341 prespecified criteria. A hypothetical single-arm phase II efficacy study design of 'corticosteroid-  
342 free' monotherapy with an efficacy measure that reflects benchmarked potential clinical benefit is  
343 included as a **Supplement**.

344

345 **Beyond Initial Therapy**

346 Even as corticosteroid-free trials for initial treatment advance, trials for steroid-refractory and  
347 treatment-refractory chronic GVHD will be needed. Opportunities to elucidate the biological  
348 implications of novel agents are more difficult in these settings because of heterogeneity in disease  
349 manifestations and treatment history. Nevertheless, well-designed studies could broaden the  
350 understanding of interactions between clinical disease, therapeutic response, and disease biology  
351 (**Figure 3**). The treatment-refractory setting is also an appropriate entry point to explore the safety



352 profile of agents which have not been previously tested in allogeneic hematopoietic cell  
353 transplantation or GVHD.<sup>9</sup> Based on lessons from past clinical trials, relevant knowledge gaps are  
354 addressed in the following categories: corticosteroid considerations, disease considerations,  
355 clinical endpoints and safety considerations.

356

### 357 Corticosteroid Considerations

358 Refining eligibility criteria in studies for steroid-refractory chronic GVHD can help identify more  
359 homogeneous populations in which the clinical and biological impact of therapy could be better  
360 evaluated and measured. First, a key factor to consider is the dose and duration of prior  
361 corticosteroid therapy, as it can be much more difficult to detect a clinical response in patients who  
362 have been heavily treated for longer periods of time. Definitions of steroid refractory, intolerant  
363 and dependent disease are currently used in studies that define the minimum criteria for steroid  
364 exposure and response, without providing an upper limit.<sup>15, 18, 19</sup> Studying patients early after the  
365 disease is determined to be steroid-refractory is recommended as a way of increasing the  
366 likelihood of observing a clinical response or detecting a biologic effect. The same issues apply to  
367 the use of other systemic agents, either sequentially or concurrently, in patients who have been  
368 treated with multiple lines of therapy. Second, the distinction between **steroid-refractory** and  
369 **treatment-refractory** should be clearly stated, as these two groups may be biologically and  
370 clinically different, leading to the possibility causing erroneous dismissal of an effective agent.  
371 The 2014 Clinical Trial Working Group Report suggested criteria for defining steroid-refractory  
372 chronic GVHD,<sup>3</sup> and recent efforts have been made to provide new definitions for refractory acute  
373 GVHD following the FDA approval of ruxolitinib.<sup>20, 21</sup>

374

375 Finally, how to best handle corticosteroid therapy at the time of enrollment into a clinical trial after  
376 steroid failure remains an open question. As new therapies with a higher potential for efficacy and  
377 a steroid-sparing effect enter the treatment landscape, it becomes increasingly important to address  
378 this issue in the study design. Should corticosteroids be tapered, discontinued, maintained or even  
379 increased at the beginning of therapy? Should short courses of pulsed corticosteroids be allowed?  
380 Could specific dosing regimens lead to a reduction in the cumulative dose administered over time?  
381 These key considerations should be included in clinical trial designs.

382

### 383 Disease Considerations

384 The manifestations of chronic GVHD change over time, usually becoming more difficult to reverse  
385 due to progressive organ involvement and the fibroproliferative nature of more advanced stages of  
386 the disease. Given the often-refractory nature of chronic GVHD beyond the front-line therapy, this  
387 setting opens opportunities to explore combinations of novel targeted agents with non-overlapping  
388 toxicities, to increase efficacy and safety. We recommend prioritizing clinical trials that enroll  
389 patients with earlier stages of the disease, in order to maximize the chance of observing responses  
390 to therapy and to facilitate a more accurate assessment of that response. Disease-related  
391 characteristics such as inflammatory or fibrotic manifestations are another important factor to  
392 consider in defining eligibility. These clinical factors could be used to create cohorts of subjects  
393 with a common clinical phenotype in which a specific biological signal of disease or treatment  
394 effect could be detected. While patients can often have multiple concurrent features of chronic  
395 GVHD, trials with cohorts of patients who share specific manifestations would potentially allow  
396 the treatment of steroid-refractory chronic GVHD to move towards a more personalized approach  
397 based on the clinical presentation and biological profile.

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Clinical Endpoints

The definition of clinically meaningful endpoints in steroid-refractory or treatment-refractory chronic GVHD studies remains challenging and should incorporate goals of therapy in order to maximize benefit to participants. Other factors that determine clinical endpoints are the type of intervention, study phase, indication (i.e., steroid- or treatment-refractory) and safety considerations. The efficacy of any new chronic GVHD therapy beyond corticosteroids has 2 main components: response and steroid-sparing effect. Overall response rate (based on NIH Consensus Response Criteria) after 3 or 6 months of therapy has been used in many recent trials. Most responses in this setting are partial responses, and the clinical significance of a partial response can vary widely. As the partial response category is broad, additional measurements including patient-reported outcomes or biological correlates can be particularly useful. Time to response and durability of response beyond 6 months and their implications for additional therapies, steroid-sparing effect or survival outcomes are less clear, so these assessments should be incorporated whenever possible. The measurement of a steroid-sparing effect in advanced chronic GVHD is almost as relevant as response in defining efficacy, although steroid dose reduction per se does not qualify as evidence clinical benefit from a regulatory perspective. Although there are no standard metrics for the steroid-sparing effect, the magnitude, incidence, timing and durability of corticosteroid dose reduction should be documented. Whenever possible, the cumulative incidence of discontinuation of corticosteroids and durability should also be reported. As most of these studies are single-arm, the need for comparability with other clinical trials is highly relevant.

421 Safety Considerations

422 Evaluation of the safety and tolerability of novel agents in more heavily pretreated and fragile  
423 populations remains an important goal of future studies. As chronic GVHD is associated with high  
424 disease burden and morbidity over long periods of time, the potential benefit of therapy, including  
425 steroid-sparing potential, must outweigh the side effects and burden of treatment. In trials that  
426 predominantly enroll heavily pre-treated patients or those with more advanced chronic GVHD,  
427 safety stopping rules should be designed to incorporate relevant treatment-emergent adverse events  
428 that are not well tolerated.

429

430 **Subsequent Clinical Trial Development**

431 In the short term, therapeutic agents with clinical effectiveness in chronic GVHD will continue to  
432 emerge from ongoing and future clinical trials. Most of these studies will have been conducted as  
433 phase I or II trials, without a comparison arm. The committee recommends that these agents next  
434 be investigated in the context of randomized clinical trials. In upfront systemic treatment, two  
435 separate large phase III randomized clinical trials are investigating ibrutinib (NCT02959944) and  
436 itacitinib (NCT03584516) compared to placebo, in combination with corticosteroids for moderate  
437 or severe chronic GVHD. If a novel agent demonstrates safety and encouraging clinical efficacy  
438 in a “corticosteroid-free” study design described above, a follow up study could randomize  
439 subjects to treatment with the investigational agent versus standard of care corticosteroids. For  
440 patients with treatment-refractory chronic GVHD, a trial could randomize participants to treatment  
441 with the investigational agent versus best available therapy, as has been done in the investigation  
442 of ruxolitinib for the treatment of steroid-refractory acute GVHD (NCT02913261)<sup>22</sup> and chronic  
443 GVHD (NCT03112603). Ultimately, as more agents receive FDA approval for the treatment

444 refractory chronic GVHD, trials that randomize subjects between therapeutic agents will be  
445 needed. All randomized trials should continue to include correlative laboratory measures, to  
446 evaluate differences in baseline biomarker profiles and longitudinal changes after treatment. In the  
447 long term, multiple clinical trials with extensive correlative studies will begin to elucidate the  
448 relationships between biological and clinical responses.

449  
450 As data aggregate in subsequent trials and correlation with clinical manifestations strengthen,  
451 master protocols may eventually emerge as a subsequent path for further investigation (**Figure 4**).  
452 Master protocols allow for multiple therapeutic agents or multiple disease phenotypes to be  
453 evaluated within the context of a single overall protocol, in attempt to advance the field quickly  
454 and efficiently.<sup>23</sup> In the context of chronic GVHD, a platform trial design could be considered, in  
455 which therapeutic agents with predictive probability of being more effective than standard therapy  
456 (i.e., corticosteroids for initial treatment) graduate from the trial with their corresponding  
457 biomarker signature, and agents are dropped if they show a low probability of improved efficacy.  
458 New agents enter the study to replace those that have completed the evaluation. The platform  
459 design also allows for standardization of study conduct, endpoints, and correlative study panels.<sup>24</sup>  
460 The most successful platform trial to date is the I-SPY 2 protocol, which investigates novel  
461 neoadjuvant therapies for early-stage breast cancer based on specific molecular subtypes of the  
462 disease.<sup>25</sup> A similar protocol could establish a collaborative space to accelerate the testing of novel  
463 agents in the treatment of chronic GVHD, but would require definition of specific clinical or  
464 molecular disease subtypes and multicenter institutional infrastructure and subsequent  
465 collaboration with individual companies or institutions to tests promising agents. While master  
466 protocols are not considered a short-term goal in chronic GVHD due to logistical considerations,

467 innovative approaches to clinical trial design could expedite testing of therapeutic agents for an  
468 important unmet clinical need.

469

## 470 **Conclusions**

471 Treatment options for patients with chronic GVHD have expanded in recent years, led by  
472 unprecedented large multi-center randomized trials through collaboration with industry and an  
473 FDA-approved treatment agent. Despite these advances, the understanding of interactions between  
474 clinical chronic GVHD variables and targeted therapies with the pathophysiologic pathways that  
475 have been identified in pre-clinical models remains very limited. Efforts should continue to  
476 prioritize the assessment of biological correlates in the context of clinical trial designs that will  
477 maximize the ability to close these knowledge gaps and eventually redefine the paradigms of  
478 chronic GVHD into a more personalized approach to treatment. Within the next 3 years, clinical  
479 trials should challenge the current standard of care by investigating novel agents in a  
480 corticosteroid-free approach to initial systemic monotherapy. Novel agents demonstrating  
481 meaningful clinical response should then be tested along with other extensively evaluated  
482 therapeutic agents in the context of randomized clinical trials. As a less immediate goal, advanced  
483 collaboration between academic medical centers, medical societies, and industry could develop  
484 larger trials with innovative designs that enable rapid testing of novel agents with standardized  
485 clinical and biological evaluations.

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508  
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513  
514 *Conflict of interest statement:*  
515

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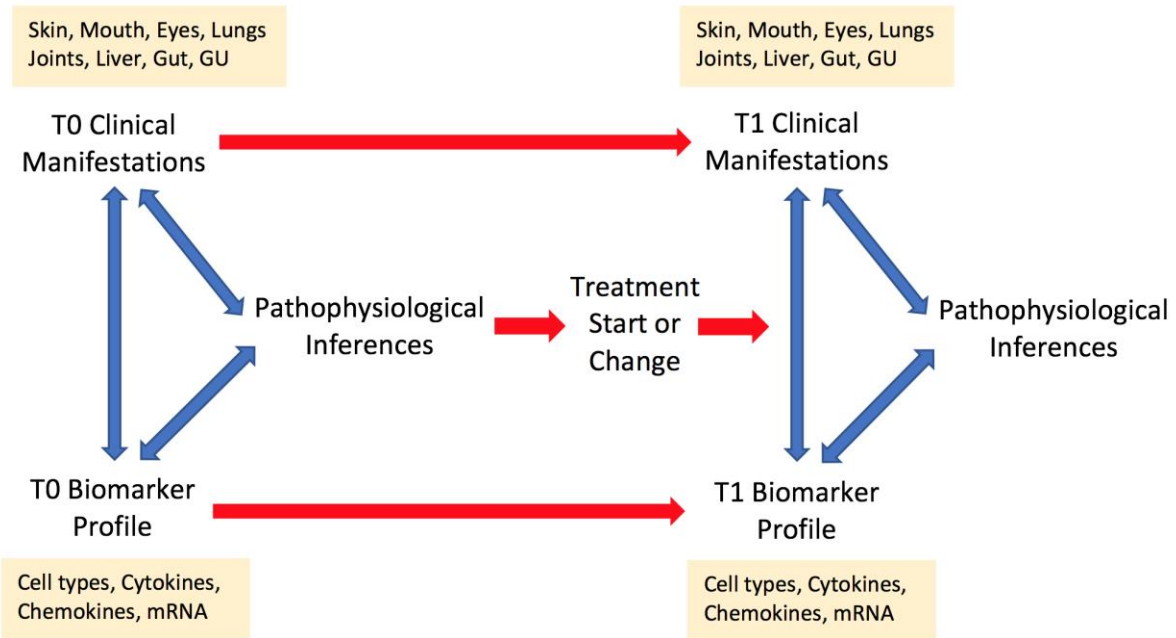
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614 **FIGURES AND LEGENDS**

615

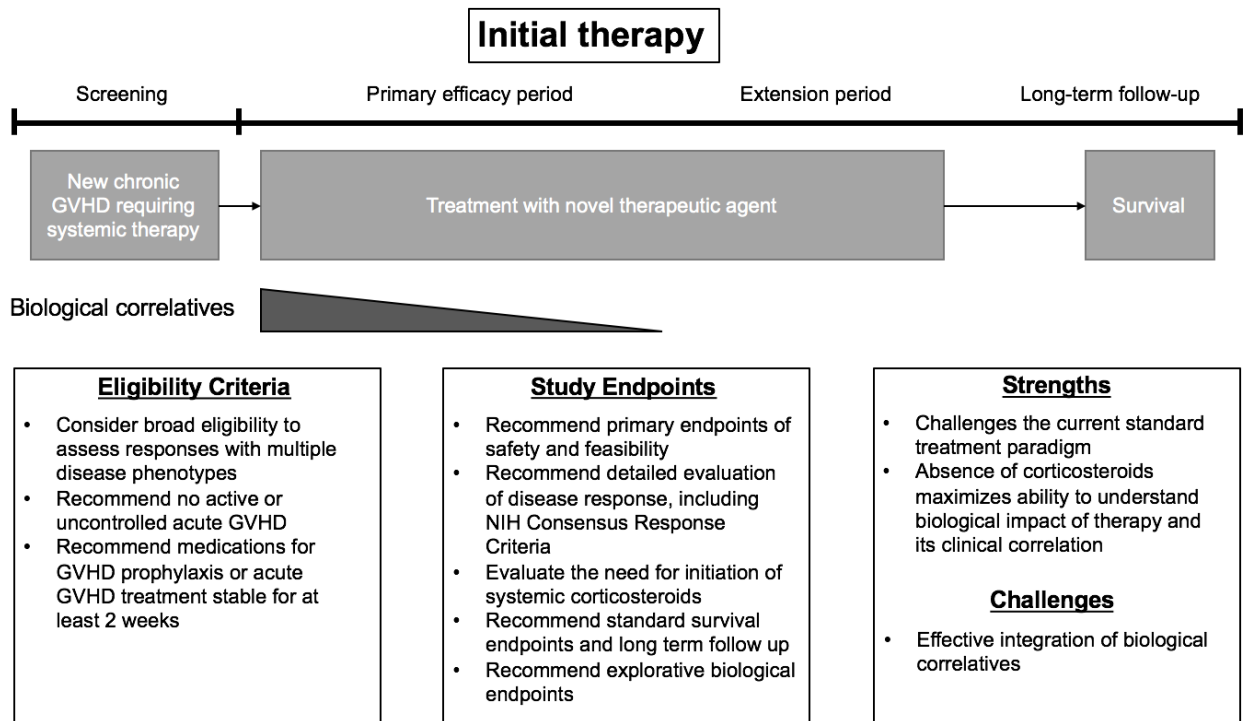
616 Figure 1. Exploring the associations between clinical disease manifestation, biological profiles,  
617 and treatment effect in chronic GVHD.

618



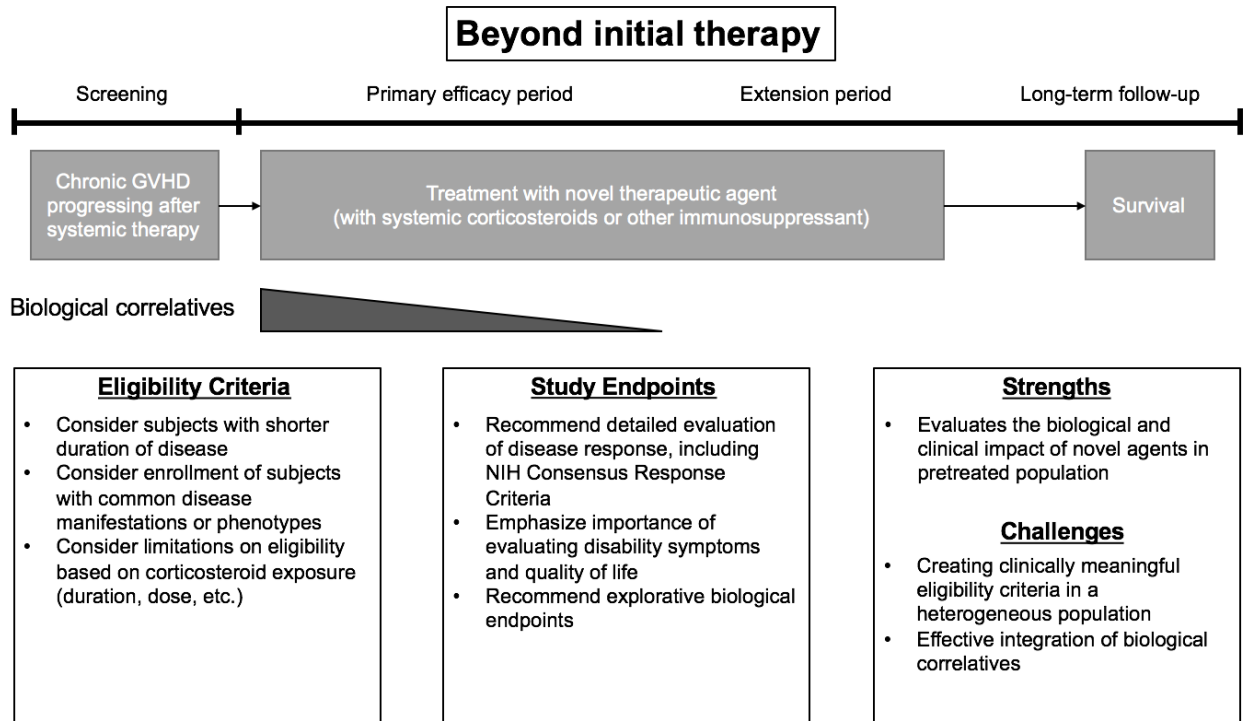
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620 Figure 2. Proposed framework and considerations of front-line treatment clinical trials in chronic  
 621 GVHD.  
 622



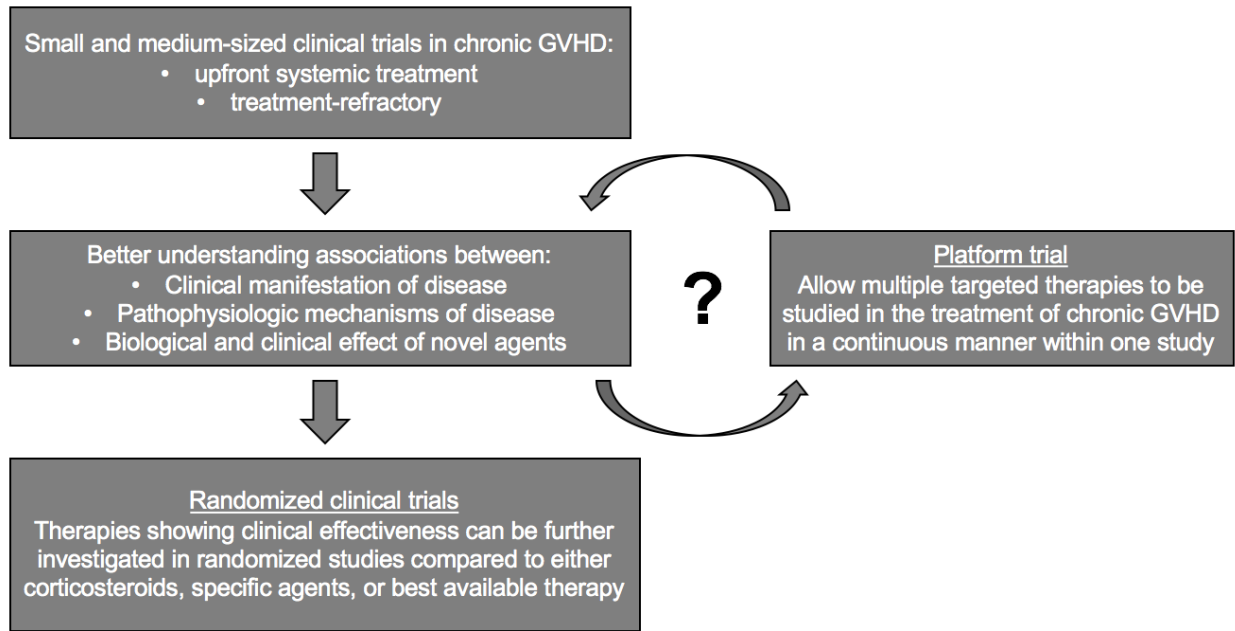
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624 Figure 3. Proposed framework and considerations of second-line treatment clinical trials in chronic  
 625 GVHD.  
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628 Figure 4. Future directions of chronic GVHD clinical trials.



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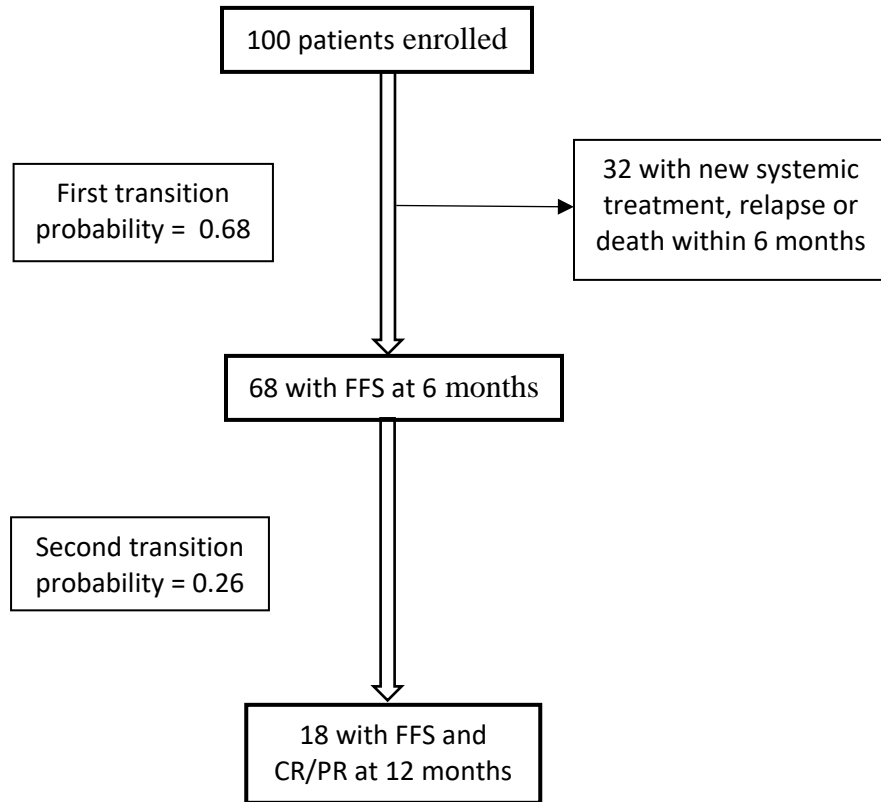
## Supplement

Material in this supplement shows an example of how a single-arm phase II efficacy study of steroid-free initial treatment for chronic GVHD could be designed to incorporate stopping rules for safety, stopping rules for futility and a pre-specified efficacy measure that reflects benchmarked potential clinical benefit with a reasonable number of patients.

Demonstration of success in testing an investigational product for treatment of chronic GVHD requires participant survival without recurrent malignancy or new systemic treatment before the endpoint assessment (i.e., failure-free survival, FFS) and a complete or partial response (CR/PR) at the time of the endpoint assessment. Results of a prospective observational study showed that the probability of FFS at 6 months after initial treatment was 68%.<sup>1</sup> Only 26% of the patients with FFS at 6 months had FFS with a CR/PR at 12 months. Therefore, 18% of the patients in the starting population had FFS with a CR/PR at 12 months (Figure), an endpoint associated with improved survival beyond 12 months. At 6 months, the proportion of patients with FFS and a CR/PR was 31%. The lower proportion of patients with FFS and a CR/PR at 12 months indicates that many of the 6-month outcomes were not durable.

The probability of FFS with CR/PR at 12 months is unlikely to improve unless an investigational product improves both the 68% transitional probability of FFS at 6 months and the 26% transitional probability of FFS with CR/PR among these patients at 12 months. For example, improvement in the 6-months FFS probability from 68% to 82% and improvement in the second transitional probability from 26% to 40% would improve the final success rate from 18% to 33%. Importantly, a trial could be stopped if the interim results showed that the goal for the first transitional probability could not be met. Under a null hypothesis of 0.68 and an alternative of 0.82 for the first transitional probability, a sample size of 44 patients would be needed for a trial with 80% power and a 1-sided type-1 error of 0.10. Success for this interim endpoint would require FFS at 6 months in at least 35 of the 44 patients. Failure to meet this endpoint in any 10 patients would indicate that treatment with the investigational product is not likely to improve the final success rate and would warrant termination of the trial. Under a null hypothesis of 0.18 and an alternative of 0.33 for the final success rate, a trial enrolling 44 patients would have 86% power with a 1-sided type-1 error of 0.1. The high one-sided type-1 error would be acceptable, because the results are intended only to indicate the merits of conducting a pivotal trial and to inform its design.

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**Flow of outcomes in a multi-center prospective observational study of initial treatment for chronic GVHD.**<sup>1</sup> The study included 328 patients, but the figure is adapted to reflect outcomes as estimated proportions of the total. Results of this study have not been tested for replication in other cohorts. FFS indicates failure-free survival and CR/PR indicate complete or partial response.